

Community Chest Proforma 2015/2016

Organisation	Catch 22 (Suffolk Positive Futures)	Application ID	SEBC2
Contact	Mr Paul Knights		
Value	£8,902.50		
Local Authority	St Edmundsbury Borough Council		

Key points

Catch22 is a national charity that works with young people who find themselves in difficult situations. They work in collaboration with young people and their families, and work with situations which young people are comfortable in, such as on the streets and in the home.

Suffolk Positive Futures is part of Catch 22 and uses sport to engage young people and in doing so work towards reconnecting them with their communities. Currently there are 400 young people engaging with Suffolk Positive Futures in the County, all of the young people are working towards developing life skills and personal confidence.

This programme seeks to provide free weekly sports sessions for young people in Bury St Edmunds and Haverhill. The project will also recruit and train young volunteers to help deliver the sessions. This project aims to connect with a wide cross section of young people in order to reduce antisocial behaviour through engaging young people in positive activities.

Clarification Questions: *Awaiting Response 02/09/15 (RB)*

Have you any quantitative evidence that the programme has reduced instances of ASB?

Either in SEBC or locally.

Have you considered how the project will engage a wider audience that may not be interested in Football?

Will the project engage with girls as well as boys? If so how with you encourage wider participation?

Have you considered any other funders such as the PCC?

Have you given thought to linking with local sports clubs?

Have you considered using the programme as a platform to engage with young people on wider issues such as substance misuse and sexual health?

Community Chest funding supports voluntary and community groups who make a major contribution to improving the quality of life for people in West Suffolk. The information on this form will help us process your application. We hope you will find it quite easy to complete, but if you have any questions, please give us a ring on 01638 719763. Before completing this form, we ask you to please read the guidelines, which are available on: www.westsuffolk.gov.uk

Please return your completed, signed form and supplementary documents to: richard.baldwin@westsuffolk.gov.uk or FAO. Richard Baldwin, Families and Communities, Council Offices, College Heath Road, Mildenhall, Suffolk, IP28 7EY.

Name of your organisation(s):

Organisation address details

Address Ln1	The Info Bar,		
Address Ln2	Constantine House,		
Address Ln3	Constantine Rd,		
City/Town	Ipswich	Postcode	IP1 2DH
Main phone	01473 264971	E-mail	Paul.knight@catch-22.org.uk
Website	www.catch-22.org.uk		

Main Contact Person (these are the details that will be used for correspondence purposes)		Second Contact Person	
Title	Mr	Title	Mr
Forename	Paul	Forename	Terry
Surname	Knight	Surname	Charles
Role	Project Manager	Role	Project Worker
Daytime Tel No.	██████████	Daytime Tel No.	██████████
Evening Tel No.	██████████	Evening Tel No.	██████████
Fax No.	n/a	Fax No.	n/a
Mobile No.	██████████	Mobile No.	██████████
Email	Paul.knight@catch-22.org.uk	Email	Terry.charles@catch-22.org.uk
Address Details (if different from Org address)		Address Details (if different from Org address)	
Ln1		Ln1	
Ln2		Ln2	
Town		Town	
Post Code		Post Code	

About your organisation

What local authority area(s) does your organisation work in?

St Edmundsbury, Forest Heath, Ipswich, Babergh, Suffolk Coastal, Waveney

What is the status of your organisation?

Registered charity	x	Charity number: 1124127
Applying for charitable status		
Company limited by guarantee		Company number:
Community Interest Company		
Part of a larger regional or national charity (Please state which one)	x	Catch22
Other (Please specify)		

How many people are involved in your organisation? (Just Suffolk positive future element)

Management Committee	8	Members	
Full Time Staff / Workers	1	Service Users	400
Part Time Staff / Workers	23	Volunteers and Helpers (non-management)	5

What is the purpose of your organisation? Please briefly describe why your organisation was set up, its aims and objectives and who primarily benefits from your organisation.

Catch22 is a national charity that works with young people who find themselves in difficult situations. Whatever the reasons for their situation, we help them out. We work with their families and their communities wherever and whenever young people need us the most; in schools, on the streets, in the home, at community centres, shopping centres and police stations and in custody. Suffolk Catch22 portfolio of county wide services includes: Reparation, Mentoring, Mediation, Suffolk Positive Futures, Leaving Care 16+ service

Suffolk Positive Futures use sport, physical activities and education to engage young people and reconnect them to their community. Young people develop their skills and confidence to reach their goals and achieve through engagement, education and training opportunities. At present approximately 400 young people are regularly engaging with Suffolk Positive Futures in Suffolk in 40 hours of organised activities each week

Figures below based on Suffolk Positive Futures only. Catch22 accounts available on request.

What was your organisation's total income for last financial year?

What was your organisation's total expenditure for last financial year?

Does your organisation have more than 6 months running costs? Yes

What are your organisation's current unrestricted reserves or savings?

The council has a strategic priority of building resilient families and communities that are healthy and active. Please indicate which of the following areas your project contributes towards:

- A thriving voluntary sector and active communities who take the initiative to help the most vulnerable;
- People playing a greater role in determining the future of their communities;
- Improved wellbeing, physical and mental health;
- Accessible countryside and green spaces.

About the project your organisation is seeking a grant for

What do you want the funding for? Please be specific. Please note that 'project' is meant to describe the project you are seeking funding for, and not your organisation.

The funding will be used to deliver 2 x open access sports projects targeting 2 areas within St Edmundsbury - Haverhill and Bury St Edmunds.

All Projects will use sport and in particular football to engage with young people on a weeknight evening and will provide young people from those areas with the opportunity to participate in a free sports session within their local estate. They won't need to book; they can simply turn up and join in.

The projects will present the young people with an opportunity to release some frustration in a safe environment and also have a place where they can meet friends and feel safe and welcome. The project will offer a positive diversion to those young people who are out and about and simply hanging around looking for things to do. We will try hard to engage these young people into the sessions. Activities will predominately involve football but we would like to at least offer other options to ensure a wide cross section of young people are involved. Sports such as cricket, dodgeball, street golf can all be delivered depending on need.

How has the project been developed out of the community's desire to improve the lives of local people? What evidence do you have that there is a need for this project? Please include sources of evidence, including any public/user/community consultation.

Previous work in Bury St Edmunds has been well attended with young people engaging well in the activities we have provided. We try to include local agencies within the project and have previously had the local police team attend. Further evidence of need is provided by Sgt Alastair Torkington who stated "As a Sergeant on the Bury St Edmunds Safer Neighbourhood Team I fully support this scheme where young people from all backgrounds can meet and play social football, free of charge. This provides them opportunity to meet new people, form friendships, improve social skills and encourages teamwork. I've visited the football project and witnessed first-hand the enjoyment and fun experienced by the youths, who are coached by a dedicated team of professional coaches & volunteers. People complain that there's nothing for the youths of today to do, well, this proves that such schemes are in the public arena and prevents youths hanging around street corners and falling into the wrong crowd. This scheme provides an ideal opportunity, to come along and simply join in, no matter what your ability"

Varying levels of deprivation are found in Haverhill, with south Haverhill ranked amongst the 20% most deprived places in the county. Taken from report: www.suffolk.gov.uk/assets/suffolk.gov.uk/Public%20Health/Annual%20Public%20Health%20Reports . The project we are proposing will hopefully address other factors the report highlights such as the fact there are a high proportion of 16-18 year olds who are neat and there are also high rates of criminal damage. We will offer a positive diversion to young people at a key time of the day as well as offering opportunities for some of the young people to gain qualifications. Report also states that where the sessions are to be held (Haverhill East) lower levels of people feel safe during the day or night - Our project will provide a strong visual presence where members of the community will see 40+ young people all participating in a structured activity in a controlled environment (astro turf)

Previous work in the St Edmundsbury area has always been shared with key officers such as Helen Lindfield and Simon Pickering from St Edmundsbury BC to ensure were targetting the right areas. The Haverhill project in particular has a 10 year track record of engaging large numbers of young people. Tommy (young person from Haverhill project) stated "I have been coming to Positive Futures for 4yrs now and I have always enjoyed the sessions. I get to play football for free at the sports on a Friday night with my mates which I wouldn't normally get chance to do" . The Haverhill session at times has attracted up to 70 attendees, hopefully highlighting the popularity and impact the project can have on the local area.

How will the project build the capacity of local people to support one another?

We plan to build into the project an opportunity for young people to not only volunteer at the sessions but to also gain coaching qualifications. This will result in upskilling members of the community but will also provide a platform to make the project more sustainable in the future. The offer to the young people of getting qualified will come at a proviso that they contribute a certain number of hours as volunteers to the project. This will cut down on coaching costs. In the long term we hope then that these volunteers become paid coaches on the project - increasing skills and employment in the local area. Having local young coaches working on the project also provides a role model for other younger participants at the session.

How will the project support partnership working?

As with much of what Suffolk Positive Futures delivers across the county, the project will be run with a range of partners. Abbeycroft Leisure are supporting the project with in kind facilities being provided in Bury St Edmunds saving the project approx £4.5k per year.

The Suffolk Police and Crime Commissioner will be kept aware of the project and could well be a source of sustained funding if the project is seen as working towards the aims of the PCC Police and crime plan.

We will liaise with Suffolk FA in order to refer young people onto the coaching qualification courses

We will share updates with St Edmundsbury Councils such as trends / stats from the project. Will also seek guidance from them with regards areas of need and possible new trends/ areas of need

Are you working with any other organisations on this project? Yes

If yes, please state the names of these groups and the nature of the relationship.

Catch22 Suffolk Positive Futures would be responsible for delivering the project but we will as and when we can work with local agencies many of whom are listed above.

Abbeycroft Leisure will be a key partner of the project.

When will the project start?

Jan 2015

When will the project finish?

or is the project ongoing? Yes

If this is an ongoing project, how will it be funded and sustained when the grant ends?

As always we will look to bring in alternative sources of funding within the existing funding period, in order for the project to continue long term. Sources of funding we will explore will include:

Suffolk Community Foundation - Safer Suffolk Fund larger pot.
County Councillors

We will also look to cut costs and make the project more efficient. Start-up costs such as equipment and publicity will be reduced. We plan also to use newly qualified volunteers to support the project and give something back - Possible replacing the need to have all 3 paid sports coaches in attendance.

How many people do you expect to benefit directly from the project on either a weekly, monthly or annual basis? Approx 70 people per week

What outcomes (including targets/numbers) do you expect to see as a result of a grant and how do these relate to the Community Chest funding criteria and outcomes?

(Please see the guidelines for outcomes.)

Outcome 1 - Engagement of young people. To be a success the project must engage with a significant number of young people across the two venues in st Edmundsbury. So our first outcome will be that ***"a minimum of 70 individual young people from Bury St Edmunds will have access to and attend the project "***

This outcomes links in with the Prevention test. The project is designed to be an early intervention project. Diverting young people into a worthwhile and constructive activity and not allowing boredom to set in and perhaps then the lead on into less desirable activities, Although at times hard to measure we hope our session will have an impact on crime and asb levels hoping to reducing the need for other local resources such as the Police and the Youth Offending Service. There is also significant costs saved from diverting young people from entering the criminal justice system at an early age.

The project can ease pressure on families by providing a safe place for their young people to attend. The sessions will be free so there won't be a financial barrier to participation. Project can give families a break by providing a valuable outlet for their children to direct their energies.

Outcome 2 - Following on from outcome one. ***"The project will generate at least 2250 attendances over the year"*** Young people will be diverted into a safe activity that improves levels of health and fitness and can be linked into family and community test.

Outcome 3- Upskilling young people in the areas - ***"4 newly qualified coaches will be trained and actively volunteering in the project"***. This will link into the Legacy Test where young people will gain lifelong skills/qualifications. This can be used either on this project or for employment elsewhere.

Outcome 4 - Evidencing impact - ***"Police, County Councillors, Community Leaders, Parents, and Young People will acknowledge the positive impact the project has had upon them and the local community"***. This could be evidenced using police statistics but more significantly by using testimony accounts and case studies of impact. This could include reductions in asb / youth nuisance as well as people own individual perceptions of the project/impact. Evidence will be collected at suitable intervals throughout the programme. All attendances are recorded on the Suffolk Positive Futures database called 'views' so we will be able to provide evidence of the total number of young people attending plus a breakdown of their demographics. We will be able to present our findings in a report format with tables and graphs to demonstrate attendances and impacts. We will also look to include pictures from the sessions as inviting local media to view the sessions and hopefully raising raise the profile of the project. This particular outcome has links into the prevention, assert and family community test.

What is the total cost of the project?

£14,492.50

Please provide a full breakdown of the total cost of this project, including VAT if applicable along with any in-kind contributions such as volunteer hours.

How much of a grant are you applying to us for?

£8902.50

Item or activity	Cost (£)
<p>Sports Coaches at BSE (3 coaches) - £67.50per week Facilities at BSE - £102.00 Coaching qualifications for young people x 2 £260 £3037.50 £4590.00 £260.00 <u>£7887.50</u></p> <p>Facilities at Haverhill - £51.00 Sports Coaches at Haverhill £90 (4 coaches) Coaching qualifications for young people x 2 £260 £2295.00 £4050.00 £260 <u>£6605.00</u></p> <p>All based on 45 weeks of delivery 1.5hr sessions.</p>	
Total cost of items listed above:	£14,492.50

What funds have you raised so far for this project?

Source	Amount (£)
In kind facilities –£4590.00 Big lottery funding drawn down by Abbeycroft Leisure - £1000.00	
Total fundraising:	5590.00

What other funders have you applied to for further funding for the project?

Funder	Amount (£)	Timescale for decision
Bury St Edmunds Town Council	£900.00	Autumn 2016
Total:	£900.00	

What other grants and contracts has your organisation received over the past year from either Forest Heath District Council or St Edmundsbury Borough Council?

Funder	Amount (£)	Reason for funding
Total:	£0.00	